





30<sup>th</sup> of September

## Program - visit from Austria 30th of September - 3th of October

Welcome to us, LAG Växtlust Värmland situated in Sunne, Värmland, Sweden. We are pleased to meet all 13 members of your group and hope you will enjoy your stay and the study trip in our district! The villages and companies we are visiting and the project you will hear about are presented here below.

Note: This program starts in Norway and ends when leaving the hotel in Arvika on returning day.

#### Day 1 - Monday 30th of September

Arrival Gardermoen Oslo at 12 40 o'clock Pick up baggage and find the bus The trip to Sweden by bus begins.

15 o'clock arrival at Morokulien Info Centre at the border between Norway and Sweden in the Municipality of Eda, county of Värmland, Sweden.

- Coffee and welcome to Eda. **Meet Böret Segolsson Knutsson** LAG-member and politician in Eda.
- Information about **Grensetjänsten Norge-Sverige**, an organization working with information to inhabitants and companies in both countries who plan to work in the other country or start doing businesses in Norway / Sweden. The customs at Morokulien is the outer border to the European Union. **Meet: Kikki Lindset.**
- Information from the Info center, a tourism service office, welcoming visitors to Värmland and Sweden. Also we will hear some words about a new Interreg project concerning the piece monument at Morokulien. **Meet Ann-Louise Axelsson and later Helene Danielsson.**

About 1630 the bus will continue the trip towards Arvika and the check in at the Clarion Collection Hotel Bristol. Arrival at the hotel 1715-1730.

Dinner at the hotel. Växtlust manager Ewa Ryhr Andersson and vice chairman Lars Nilsson will join you at dinner on Monday. **Meet Lisa Levin, vice chairman of The Muncipal board of Arvika who will welcome us to Arvika. Katarina Pontelius,** principal at three units of child care containing 10 sections and 130-150 children and about 35 employees in Arvika, **will also join us. One of the entrepreneurs from the trip to Austria will also join us at dinner, Öyvind Eriksen,** who is a timber man with a construction company – Byggmästare Eriksen AB – in Arvika.







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#### Day 2 - Tuesday 1<sup>st</sup> of October

Breakfast at the hotel in Arvika. Buss picks you up at 8 o'clock. The bus trip this morning is estimated to a bit more than two hours. We are heading for Sysslebäck, a small village in the northern part of Värmland, in the Municipality of Torsby. This is also the most northern parts of our district in the largest Municipality of the six Municipalities belonging to Växtlust's leader area. The area we are visiting has interesting things to show and the surroundings may look a bit familiar to the valleys you have in your district.

About 1015 we reach **The Wood Region (TWR), this organization works with research and development**. We start with coffee and Roger Andersson then guides us through the building telling us about how it all started, their experimental work and the 3G-printing equipment. In this building small entrepreneurs can try out their new product ideas. https://www.facebook.com/Thewoodregion/

At 12 lunch is served at a local restaurant in Sysslebäck **Nedergårdens Vilt & Natur** serving local produced food and they have wild meet products as specialties at a la carte. We will eat lunch of the day. <a href="https://www.facebook.com/nedergardensviltonatur/">https://www.facebook.com/nedergardensviltonatur/</a> The two participants, representing Näckåns Energi joins us at lunch.

At 1315 we are visiting an energy company **Näckåns Energi AB**, a local hydroelectric company providing the northern parts of the county with energy <a href="http://www.nackansenergi.se/">http://www.nackansenergi.se/</a> and today we look at their new investment Näckofall, a unique newly opened small scaled water power station a short trip north from Sysslebäck. We meet one of the company owners Jan-Anders Carlsson and one of his employees Dan Levin (who visited Landeck in June), about 45 minutes visit. We turn south again to Ransby, another small village.

At approximately 1430 we visit **Spishyllan AB** in Ransby a small restaurant that works with local food and also has a small scaled brewery **Spisbryggeriet** in addition inside their company. This summer they also opened a café in another Municipality more south in the county. The company owners are three local persons and we will meet Emma Lagerkvist, who is chairman and also in charge of the café <a href="http://www.spishyllan.se/">http://www.spishyllan.se/</a>, <a href="http://www.spishyllan.se/">http://www.spishyllan.se/</a>. Next to the restaurant is **Branäs** the largest ski resort in the county of Värmland and also the largest throughout the south of Sweden <a href="https://www.branas.se/">https://www.branas.se/</a>. Branäsberget (the mountain of Branäs) is not high at all in comparison to your alps, but high enough for skiing in our perspective. We have planed for 60 minutes visit at this stop including coffee.

About 1530 the bus turn back to Arvika. Arrival at the hotel is estimated to about 1730.

Dinner at the hotel. Växtlust manager and vice chairman have also invited some of the entrepreneurs that visited Landeck to meet you during dinner this evening.







30th of September

### Day 3 - Wednesday 2<sup>nd</sup> of October

Breakfast at the hotel in Arvika. Buss picks you up at 8 o'clock. The bus trip this morning is approximately one hour and 15 minutes long to the first stop. We are heading towards Torsby Airport were the Ski tunnel Torsby Skidtunnel & Sportcenter also is situated. <a href="https://skidtunnel.se/">https://skidtunnel.se/</a>

At 0915 we meet **Eva Larsson, Economic manager at the Municipality of Torsby**. She shows us the area Torsby is developing next to the ski tunnel and the airport. This is also the finishing stage of Rally Sweden in February each year. <a href="https://rallysweden.com/en/">https://rallysweden.com/en/</a>. After a short walk and a quick look around we go by bus 10 minutes to the next stop.

At 10 o'clock we have reached **Sahlströmsgården**. We start with coffee and then during 60 minutes Eva Larsson and some of the project leaders in the Municipality of Torsby tell us shortly about different developing projects in this area. Torsby is known for a lot of projects financed by all kinds of funds, also Intereg and leader projects. We also have time for Questions. Here in the south parts of the Municipality of Torsby we find another of the entrepreneurs visiting Landeck in June, Anna Sahlström, who manage Sahlströmsgården, a cultural orientated hotel, restaurant and exhibition place in the countryside. <a href="https://sahlstromsgarden.se/">https://sahlstromsgarden.se/</a>

From 1115 A walk at the culture path, the shorter one 1,4 km, that was build during a leader project in last program period. Your walk passes the result of another leader project Bovilgården <a href="http://www.bovil.se/">http://www.bovil.se/</a>. Bo Vilson (Bovil) was a famous artist and cartoonist in former days and his drawings and comics are shown by his family at the house we pass.

At 12 we end our visit in Torsby by eating lunch at the restaurant and also meeting Växtlust chairman Anna-Lena Carlsson. At 13 o'clock the bus leaves for two visits in the area of Arvika.

At about 1415 we arrive at Moelven Skog AB, the local sawmill "Edanesågen" in Edane, a small village 20 km south Arvika center. We meet in their conference room. Lennart Blom from the company give us a short presentation of the company. The saw mill is important as employer in this village and also support a lot of small initiative in the neighborhood. We will also meet Susanne Grip Åsman the chairman of a football club for women who is going to start a leader project this autumn in this village. Fruits and water.

At 16 o'clock we reach Sågudden in the center of Arvika. The NGO Värmlands Fornminnesförening that are responsible for this remodeled has completed two leader projects during this period and is a great promotor for local projects. In their Café Nystuga we will have a nice coffee break and chat with Johan Richardsson who is the manager of the NGO and maybe the chairman Jan Rulcker will also join us for an hour. At 17 we end the program of your visit and it will be time for a nice and slow autumn walk through the area and the city center to the hotel.

Dinner at the hotel. Växtlust manager and/or vice chairman will join you at dinner.







30<sup>th</sup> of September

# Day 4 - Thursday 3<sup>rd</sup> of October

The fourth day is free from plans together with the Swedish group. This morning a quick walk in Arvika center can be nice before you pack your bags and return to Gardermoen, Olso in Norway.

Thank you for visiting us and a we wish you all safe trip back home ②.

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